Shelby Bennett

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**Personal Profile**

Organized and hardworking professional with experience in clinical settings and leadership roles. Proven ability to work well in team settings and work in an efficient manner. Detailed oriented and have participated in many clinical studies and tedious medical research.

# Education

## Bachelor of Science in Health Sciences | Conferred December 2022 | University of Central Florida

Track – Pre-Clinical

Minor: Military Science

## UCF Coding Bootcamp | Anticipated Feb 2024 | University of Central Florida

## Certification course- 7 months

## Will work with HTML, CSS, JavaScript, MySQL and Python

## Master of Science in Industrial Engineering | Anticipated May 2025 | University of Central Florida

## Track- Systems Engineering

# Work Experience

## 2nd Lieutenant Adjutant General | U.S. Army Reserves | August 2018 - Current

* Communicates effectively with Officers, NCOs, and lower enlisted soldiers to plan unit events.
* Maintains physical/fitness readiness for combat and functional duties.
* Manages and maintains the accountability of equipment.
* Maintains uniform/appearance standards of AR670-1.

## ROTC | University of Central Florida| August 2018 – December 2022

## Trained new cadets about role positions.

## Company Commander, head of volunteering and social/ community outreach

## Communicated with co workers effectively to maintain a well working and organized environment, dealt with data and analytics

**Physical Therapy Intern | B Physical Therapy, Oviedo FL| August 2022 –October 2022**

* I will be working closely with several physical therapists to obtain over 80 observation hours
* will gain knowledge and experience in this field

**Physical Therapy Intern| Lake Nona Performance Club, Orlando FL| July 2022-December 2022**

* I work closely with physical therapists and aid them as a tech
* I help with patient care and observe techniques used by PT’s
* Through this I gain experience and practice

**DME Bracing Specialist| Florida Pain Care, Clermont FL| February 2023- present**

* Work closely with patients, take vitals
* Physical therapy aide- perform electrical stimulation and ultrasound on patients
* Fit patients for all durable medical equipment (knee braces, back braces, thumb splints, cervical traction etc)

**Undergraduate Medical Research**

* Running Injuries vs. lower extremity injuries in athletes- 2020
* Alcohol consumption and the development of Alzheimer’s disease-2021
* Detection and early recurrence rate in bladder cancer patients using Hexivx Fluorescence cystoscopy-2022
* Monkeypox prevention and community outreach- 2022

**Volunteering**

* Diabetes awareness drive 2022- helped organize and create informational material to distribute to students at the University of Central Florida. Educated students on lifestyle choices to prevent diabetes and provided free health screenings.
* Monkeypox Vaccine Drive 2022- helped organize a vaccine drive to the community of downtown Orlando. Spread awareness and placed educational materials at local businesses and clinics.
* Seminole County Department of Health 2022- Volunteered at the department of health aiding in projects and spreading information to the local community.

# Certifications

# CDC

# Citi certified

# CPR/AED

# Federal Secret Security Clearance

# Awards

# President’s Honor Roll - Fall 2018-2021| University of Central Florida

# Dean’s List – Freshman, Sophomore, Junior, and Senior year | University of Central Florida

# Leadership and Excellence – Cadet of the month- Fall 2019| University of Central Florida

# Air Warrior Courage Foundation Award- Fall 2020| University of Central Florida

# Skills

# Proficient in Microsoft Office – Word, PowerPoint, Excel, and OneNote

# Typing/Documentation

# Proficient in working with people and communicating well in order to accomplish tasks

# Well organized and completes tasks promptly and efficiently